



Screening Camp conducted at school



Donors sponsoring free dialysis to women patients on account of International Womens Day



Crowd listening to Ustad Rashid Khan at 14th Dhvani



Pt. Vishwa Mohan Bhatt awarded Pt. Mallikarjun Mansur Award



Patients undergoing dialysis in the dialysis centre



BANGALORE KIDNEY FOUNDATION

ANNUAL REPORT April 2016 to March 2017

Admin. Office: C/o Sri Shankara Cancer Hospital & Research Centre, 1st Cross Shankarapuram, Basavanagudi, Bangalore-560 004

Ph: 080 2698 1086, e-Mail: info@bkfindia.in Website: www.bkfindia.in

Chairman Report 2016-2017

It has been a satisfying year for Bangalore Kidney Foundation in meeting almost all objectives planned for the year. The coming years will require BKF to scale up for sustainability. Sustainability and scaling up are very critical to the success of a NGO or social entrepreneur.

BKF is striving hard to improve the lives of the very poor patients on dialysis. Improving their lives is not just providing free dialysis to a large number but also to include innovative measures to improve their quality of lives. We have to innovate better processes and provide solutions which deliver value to the patients. BKF will be building strong capabilities to drive effective practices which will result in making the lives of dialysis patients less difficult. BKF will seek to look at important but neglected aspects of patient delivery mechanisms like regular and routine tests, irregular medication and nutrition. Almost all patients in the dialysis centre are from the economic under privileged sector who do not have the financial or personal abilities to overcome adversity. In addition to patient quality of life, BKF plans to play an active role in minimising infection, and improve access life by looking at dialysis practices for special patients. People in BKF have the passion for the cause.

Passion will be augmented with a strategy for three years and an action plan period-wise. This approach will require a combination of passion and expertise to arrive at an innovative strategy and monitoring mechanism. BKF is finding out that doing good work is not adequate but has to develop the ability to spread awareness of the good work to a large section of society so that people know that there is an opportunity to support the good work. BKF is seriously looking at scaling up as an opportunity to expand the relief to the very poor.

Scaling up requires a robust donor program and a beginning has been made by having a senior person as honorary director to forge reliable and strong relationships with donors.

BKF has two more honorary directors who have taken charge of funding/ system and financial accounting/ statutory matters.

This year BKF has initiated two big programs:

- Implemented the first stage CKD screening for children in schools
- Finalised the building plans for a 75 machine dialysis centre within the Shankarmutt Premises and adjacent to the OPD block of Rangadore Memorial Hospital (RMH)

The results of screening about 1000 children in six schools in South Bangalore confirmed that about 19% of children had first stage CKD i.e., presence of protein in

urine. BKF has worked out a longitudinal follow up of these children to confirm the findings and commence treatment, if required. During the next two years BKF has planned screening of nearly 10,000 children in schools across Bangalore/Outer Bangalore covering various economic strata schools. The results of the prevention program is shown in the table below:

Report of Prevention Program Conducted in Schools										
Sl. #	Date of Program	School	Total No. of Children	Children with Protien Urea				Total	Glucose	%
				Traces	+	+/-	++			
1	29.11.16	RBV, Nagadevahalli	194	5	2	0	2	9	1	4.64
2	17.01.17	SVSS, Garebhavipalya	178	11	4	12	1	28	0	15.73
3	23.01.17	Sri Krishna International Public School, Magdi Road	170	0	0	12	0	12	0	7.06
4	14.02.17	Little Angels School, Srinagar	143	0	2	4	1	7	1	4.90
5	04.03.17	St. Phillominas Public School, Girinagar	216	0	4	6	2	12	0	5.56
6	07.08.17	Womens Peace League, Shankarapuram	250	30	8	0	0	38	0	15.20
		TOTAL	1151	46	20	34	6	106	2	9.21

RMH is planning to shift the dialysis centre to a separate building so that the centre can be expanded with 75 dialysis machines and provide facilities to a larger number of poor patients. The building construction is expected to begin during Oct 17 and completed by November 2018. The project report is ready and BKF has been successful in getting confirmations under CSR for two floors, one for the building of All Women Dialysis Centre and another for the entire first floor.

BKF also commenced monitoring the well being of the patients on dialysis and the results are very encouraging for further improvements. Table below shows few details:

Period: April 2016 – March 2017

No. of Patients	Returned to work	Help in Domestic Chores	Come to Dialysis without attendant	Patient Generally Better of after Regular dialysis
230	38	142	96	180
%	16.5	61.7	41.7	78.2

BKF is continuing the free and subsidised dialysis and table below shows summarised information. The All Women dialysis centre completed 3914 dialysis during 2016-17.

Free Dialysis Data as on 31st March 2017

Sl.#	Hospital	No. of free dialysis	Remarks
1	Sharadha Dhanvantri Homeo Dialysis Centre	1312	May 2003 – Oct 2007
2	St.John's Medical College Hospital	1463	July 2004 – Mar 2009
3	Narayana Hrudayalaya Hospital	4313	Since May 2003
4	Rotary Bangalore Peenya Trust	1095	Since July 2013
5	Rangadore Memorial Hospital	23293	Since May 2007

Subsidised Dialysis Data at Rangadore Memorial Hospital as on 31st March 2017

Sl.#	Hospital	No. of free dialysis	Remarks
1	Subsidy I (Rs.250)	8415	Since Oct 2009
2	Subsidy II (Rs.100)	780	Since Dec 2008
3	Subsidy III (Rs.50)	78795	Since April 2014
4	Dialysers	8566	Since July 2013

BKF is also spreading awareness on kidney diseases by presentations in corporate, clubs and in events. This aspect is being planned to be enlarged as life style diseases are resulting in increasing incidence of CKD. All the annual events are going on schedule and future years will see new events.

BKF offers its grateful thanks to the volunteers from corporate who spare no effort to create awareness on kidney diseases and in taking part in events. It is not possible or feasible to single out volunteers and BKF will be mailing them separately.

BKF is thankful to its bankers and donor banks - State Bank of India, Canara Bank, Indian Overseas Bank, Bank of Baroda, Vijaya Bank, Sir M V Cooperative Bank Ltd., for their support.

BKF is able to meet its objectives due to large number of donors who with unstinted support have encouraged BKF to enlarge its assistance. The annual donor meet allows BKF to interact with the donors which results in new avenues of activities.

It is only appropriate to mention that BKF staff have put in efforts more than expectation. A big thanks.

The Trustees of BKF who are from different professions contribute their wisdom in formulating policies and in guiding the foundation. The Chairman is indebted to them.

BKF has the invaluable voluntary services of very senior and qualified honorary directors whose expertise has contributed to the success of BKF.

Sriram.P
Chairman